

PRIMARY CARE AT YOUR DOORSTEP

CROWN HEALTH'S PRIMARY, PALLIATIVE AND SUPPORT CARE PROGRAM



Laura Uhlmansiek, ARNP, AGNP, MSN
Primary Care Nurse Practitioner, Board
Certified in Adult and Gerontology

About

Laura Uhlmansiek holds a Masters of Science in Nursing from Marquette University, along with a Bachelors degree in psychology from Willamette University and is an active member of Sigma Theta Tau International Honors Society of Nursing. With passion and dedication, Laura strives to enhance patient outcomes and improve our resident's quality of life through the delivery of compassionate and individualized care.

Áegis Living is proud to partner with Laura Uhlmansiek, ARNP, ASNP, MSN (uhl-man-seeek) from Crown Health to provide primary medical care to our residents through regularly scheduled appointments within their communities. The benefits and convenience of utilizing an in-house medical care provider allows your loved one to receive compassionate medical care within the comfort of their apartment.

- Your loved one will be cared for by skilled nurse practitioners, who are board certified in Geriatrics and Palliative Care, with expertise in pain management and cognitive impairments.
- Our residents can be seen in their own home instead of the stress of travelling to their primary care physician's office and waiting in discomfort.
- Participating residents will receive 24-hour Nurse Practitioner and Physician coverage, as well as a medical assistant to answer questions or refill prescriptions.
- No need to wait for an appointment. Laura Uhlmansiek and her team make regularly scheduled appointments, as well as, on-call 24-hour medical consultations or urgent care.
- Laura Uhlmansiek and her team collaborate with the nursing and care staff at Aegis Living to keep our staff informed of treatments, issues and changes with care plans.
- Laura Uhlmansiek and her team take great pride in truly knowing their patients, both medically and personally, and providing detailed communication to family members.

Please contact your
Health Services Director
to schedule a consultation.

Áegis Living
of Queen Anne on Galer

Assisted Living & Memory Care

223 West Galer St.
Seattle WA 98119
206-274-9440
AegisLiving.com



CARE ALONG THE ACUITY SPECTRUM

At Áegis Living, the care and attention that we devote to our residents is as unique as they are. From unconventional, joy-filled activities to nutritional meal plans and customized assistance, we offer one-of-a-kind care based on the medical needs, unique interests, comforts, and preferences of each resident. This type of personalized care takes dedication—delivering what residents need, when they need it and adjusting services to allow our residents to age in place with seamless transitions.



Low Care Services High Care Services

ASSISTED LIVING

- Emergency call system easily accessible in each resident apartment
- Medication assistance and pharmacy services available
- Diabetic management, Parkinson's Disease care, weight monitoring and consulting dietician
- Onsite activities and exercise programs

TRANSITIONAL CARE

- Gradual transition and progressive assistance for those with early-to-mild memory loss
- Close monitoring of the resident's changing needs and progression of memory loss
- Structured activities tailored to their abilities, socially engage residents and reduce anxiety

MEMORY CARE

- Industry leader in the care of those residents with Alzheimer's and other forms of dementia
- Secured Memory Care unit with specialized programming
- Specially trained care staff equipped to manage difficult behaviors
- Use of industry-leading programs to redirect and calm agitated residents

END OF LIFE CARE

- Supportive around-the-clock care and pain management
- Welcoming home environment for resident to rest in comfort, with caring staff and minimal disruptions
- Companionship for the resident and emotional support for the family members

SEAMLESS TRANSITIONS

This care continuum exhibits the unique differentiator of Áegis Living. We shine in our category as the only senior housing brand to provide seamless transitions between the lightest of assisted living care, to end of life care. Our programs, services, building design and business model help to avoid disruptive moves seniors may experience with other companies. Residents can remain in the comfort of their familiar community surrounded with the familiar faces of friends, staff and nearby family—all the while, receiving flexible levels of service. Our seamless transitions truly allow one to age in place with dignity.